

HIGHLIGHTED

The Ignatian Guide to Discovering God's Will – Saturdays from February 24 to March 23 at 7:00 pm in the Auditorium

Have you ever felt yourself being pulled in a bunch of different directions? Have you ever felt confused and lost in life, not knowing which path to follow? Do you ever struggle with not knowing what you truly, most deeply want in life? If this applies to you, join us here at St. Peter's Parish for a transformative 5-week Lenten retreat, "The Ignatian guide to discovering God's Will." **Saturday evenings from 7-9 pm starting on February 24th and running until March 23rd**, immerse yourself in the wisdom of Ignatian spirituality—a tradition over 500 years old. This series of talks offer tools to navigate the storms of life, guiding you towards a greater understanding of your deepest desires and a discovery of God's will for your life. Equip yourself with the Ignatian spiritual compass this Lent, and navigate your way to the joy of the Resurrection at Easter.

St. Peter's Group of Wisdom

"The St. Peter's Group of Wisdom would like to invite all interested parishioners to join us at our next meeting on **Thursday, February 15th at 9:30am in the Parish Auditorium**. We are very fortunate to have a guest instructor coming in to lead us in an introduction to tai chi practice. Tai chi is a gentle, low-impact form of mind-body practice which can have beneficial effects on both mental and physical health.

This is a wonderful opportunity to learn about the practice of this ancient martial art, and to discover how it might be helpful in our daily lives by reducing stress, promoting strength, balance and co-ordination, and supporting our overall wellbeing. Do join us in your most comfortable clothes and shoes!"

Someone to Talk to in a Difficult Time

These uncertain Covid times have shone a light on the pressing need for mental health support services. St. Peter's Parish and Dr. Egit have teamed up in addressing that need.

When is it time for mental health support?

The question is puzzling.

Are we; depressed enough, anxious enough, stressed enough, worthy enough ?

Those are imponderable quandaries on which to base a decision .

The simpler questions are,

"Have I been unhappy" and "Is my daily life a struggle?"

If the answer is yes, then mental health supports are appropriate.

The service is free.

There are a limited number of hours dedicated to this program. Dr. Egit will be available for appointments Wednesdays between 11:00 a.m. and 3:00 p.m. Each appointment will be 45 minutes in length.

The sessions will be conducted on line or by telephone. To arrange to speak with him, you are asked to call and book an appointment with the parish office (416-534-4219).

Dr. Egit is a psychotherapist and a psychoanalyst experienced in working with individuals and couples. He holds an MA and a Ph.D. from The University of Toronto and had completed his psychoanalytic training and certification from the Toronto Institute of Contemporary Psychoanalysis. He is registered with the College of Registered Psychotherapists of Ontario



Prayer for Priests

O, Jesus Eternal priest, keep your priests within the shelter of your heart where none may harm them. Keep unstained their anointed hands, which daily hold your sacred body. Keep holy their lips moistened with your precious blood. Keep holy and unearthly their hearts sealed with sublime mark of your glorious priesthood. Let your love surround and shield them from the contagion of this world. Their labors for the Glory of God may be blessed with abundant fruits and may the one whom they serve be the source of joy to them here on earth and in heaven their eternal crown. Let them be eager to be with you, to proclaim your good news and to fight against the evil one. Lord, give your church holy priests, religious and lay leaders. Jesus Redeemer of this world keep pure your priests and those whom they serve.

Holy Mary Queen of priests, pray for your priests.

■ AROUND SAINT PETER'S

Lent Begins on Wednesday, February 14, 2024 (Ash Wednesday)



The 40 days of Lent are a special time of spiritual renewal in the Church. Lent begins on Ash Wednesday, February 14. The parish will have two Masses on Ash Wednesday with the distribution of Ashes. These will be at 8:00 AM and 7:00 PM in the Church. During Lent the Stations of the Cross will be prayed Friday evenings in the Church after 7:00 PM Mass.

On Ash Wednesday, confessions will take place in the Church after 7 PM Mass

Please consider Pre-Authorized Giving Plan

The Pre-Authorized Giving Plan, authorized and supported by the Archdiocese of Toronto, is a direct debit program allowing you to support our Parish through an automatic monthly withdrawal from your bank account. Now you can lend us your support in the same manner that you currently pay many of your current financial obligations without writing cheques or searching your wallet for cash every Sunday. PAG brochures and sign-up forms are available at the back of the Church and in the parish office. The form is also available on our website for download. To enroll in this convenient program, simply fill out the form, attach a void cheque and drop it into the weekly collection basket or mail it to the Parish Office. For additional information on PAG please contact the parish office.

2024 Offertory Envelopes

Offering Envelopes for 2024 are available at the back of the church. Please make sure to pick up only the box with your name on it.

PLEASE DO NOT USE THE 2023 ENVELOPES PLEASE DISCARD IT

Winter clothing for Winter Welcome Table

The parish is collecting clean winter coats, sweaters, **men's pants and boots, blankets, sleeping bags** and winter clothing for distribution among those who attend the Winter Welcome Table for a warm meal. Toiletries and unused socks are also in great demand. Please donate in the boxes at the doors of the Church.

Pancake Breakfast – This Sunday – Feb. 11

Join us for a delectable pancake breakfast on this Sunday following the 11:15 AM Mass, as we celebrate Mardi Gras and Valentine's Day. Cost is \$5



Marriage Sunday – Feb. 11

Congratulations to all married couples of our parish! Kindly pick up a copy of the letter placed at the back of the Church from Archbishop Leo addressed to all married couples.

Eucharistic Adoration

Eucharistic Adoration takes place Monday to Friday after the 8:00 AM Mass until 9:30 AM. (No adoration on Statutory holiday)

Parish Finances

Offering Feb. 3-4, 2024

Envelopes:	\$3276.25
Loose:	\$480.15
PAG:	\$1023.00
TOTAL	\$4779.40



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